

# Links

Web:

[www.katebmusic.com](http://www.katebmusic.com)

Facebook:

<https://www.facebook.com/katebmusic/>

Instagram:

<https://www.instagram.com/katebmusic>

You Tube:

[https://www.youtube.com/channel/UCJgOzaiejC5\\_R1uvVka6HEw](https://www.youtube.com/channel/UCJgOzaiejC5_R1uvVka6HEw)

Bandcamp:

<https://katebmusic.bandcamp.com/album/sun-moon>

# Chanting & Heartsongs

Long

***We gather. We become still. We join our hearts in song. We share harmony.***

You are warmly invited to join Kate B for this gathering of sacred sound and song, where we will come together and create our group sound, our 'one voice'. As each of us finds our inner place of stillness through sound, we are led to a state of presence and connection with ourselves and others. Come and explore your voice and find your bliss through singing!

With a modern infusion of eclectic styles played on celtic harp, ukulele & guitar, including beautiful folk, traditional sanskrit chants and sweet harmonies, this music is truly a pleasure to the ear and the heart. Kate uses her celtic harp, ukulele & guitar, to sharing sweet original sounds. You can rest, you can sing, enjoy the vibe!

Short

***We gather. We become still. We join our hearts in song. We share harmony.***

You are warmly invited to join Kate B for this gathering of sacred song, chanting & mantra. Find inner stillness & bliss through chanting!

# Concert

Long

Here you will find words of peace, love & joy that float in mellifluous contemplation, songs to uplift the heart, songs to be still and rest amongst and songs to slow dance. With a modern infusion of eclectic styles including traditional sanskrit chants, beautiful folk songs and sweet harmonies, this music is truly a pleasure to the ear and the heart. Kate plays her

harp, ukulele & guitar, sharing sweet original sounds. You can rest, you can sing, you can enjoy the vibe! Seek rest for your soul no more: it is here.

### **Short**

With a modern infusion of eclectic styles including of traditional chants, beautiful folk songs and sweet harmonies this music is truly a pleasure to the ear and the heart. Kate plays her harp, ukulele & guitar, sharing sweet original sounds. You can rest, you can sing, you can enjoy the vibe!

## **Workshop – Sing Your Heart**

### **Long**

Come and discover your voice and learn how to sing from the heart leaving behind any 'stories' about what singing is and surrendering to your innate voice wisdom. We will come together and create our group sound, our 'one voice'. As each of us finds our inner place of stillness through sound, we are led to more presence and connection with ourselves and others. Explore your voice and learn how to sing from the heart leaving behind any mind 'stories' about what singing is, and surrendering to your innate voice wisdom.

Kate will share with you an easeful way to find your natural voice and range, learn how to stay in tune, sing from a place of relaxed deep connection and sing your heart out! Be inspired! Music is magic, it weaves, it flows and through it we create space for all of us to come together as one, one sound at a time, one voice at a time adding to the web of unity. Singing together synchronizes our heartbeats and we connect as one beating rhythm, physically, energetically and spiritually.

Through harmony, sound, movement and rhythm we will travel together, deeply travelling into sacred spaces, nurturing ourselves, holding each other and sharing our voices and our hearts. Be inspired! Kate carries a natural confidence when it comes to singing and she loves to support you to discover this in yourself.

### **Short**

Come and discover your voice and learn how to sing from the heart leaving behind any 'stories' about what singing is and surrendering to your innate voice wisdom. Lets together discover your natural singing confidence! Be inspired!

# Kate Bio

## Short

A singer for as long as she can remember, Kate has done everything musical short of playing in an orchestra! From blues to folk, cafe gigs & community choirs, Kate creates music that touches the soul. Here you find words of peace, love & joy that float in melodious contemplation, songs to uplift the heart, to be still amongst and songs to slow dance. Seek rest for your soul no more, it is here.

## Long

Of all the instruments played by independent artists, the harp would have to be one of the most difficult to master, however the sweet sounds that Kate B shares on her Sun and Moon album are proof that the harp is also one of the most magical instruments when played to perfection and combined with soothing vocals.

And perfection is what Kate has achieved with her modern infusion of traditional world music chants combined with harmonious folk tunes that deliver an eclectic style that is a pleasure to the ear and the heart.

Kate has always believed that music is a form of magic that weaves its way into the hearts of listeners, creating a space of unity, bringing everyone together in one voice and mind. With a background in community choirs, festival stages & chanting, Kate's vision has always been healing through song. The song can uplift the heaviest heart, connecting the singer, the listener, the musician and the audience as one beating rhythm, physically, energetically and spiritually.

From the stages of many festivals like Woodford and Wanderlust, through to the deep connection with audiences playing for three years with one of Australia's most successful conscious music duo, **Sacred Earth**, Kate B's journey of music and healing has carried her across genres proving that true music has no boundaries.

With some of the songs on Sun and Moon leaning more towards the yoga inspired mantra music and others more like stories in song which would fit right in at home on a folk stage, Kate B is doing exactly what she loves and has done all her life...exploring the joy of creating an uplifting sound and sharing it with anyone who will stop, breathe and listen.

Kate also plays ukulele & guitar on the album and guest artists play vast array of instruments like, North American drone flute, violin, didgeridoo and slide guitars. Sun and Moon, produced by award winning musician and producer Andy Downer, was released in 2015 and has since been shared to thousands of listeners at festivals and concerts around Australia.

With a new album starting in late 2018, there are two things that are guaranteed. Kate B will not settle for ordinary and her music will touch your heart.

=====

Sun and Moon is available at all digital retailers including iTunes, Amazon and Spotify. More information about Kate B and her music can be found at [katebmusic.com](http://katebmusic.com)

=====

Kate is also a Zenthai Shiatsu therapist & facilitator and Yoga Chi Gung teacher. She would be happy to offer any workshops in these modalities at festivals.